

REVIEW ARTICLE

## The most common nanostructures as a contrast agent in medical imaging

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### ABSTRACT

The differentiation of certain structures from nearby tissues during medical imaging requires a sufficient amount of signals from the targeted area. The limitations of conventional contrast agents prevent the possibility of quick and accurate diagnosis of some cases and cause many problems for the patients and society. However, most of these restrictions can be surpassed through the unique physico-chemical characteristic nanotechnology and nano structures. Nanocarriers are able to take the role of contrast agents or even provide the efficient delivery of these agents as carriers, while the capability of nanostructures in facilitating the simultaneous transportation of diagnostic and therapeutic agents is also undeniable. Thanks to the modern application of nanotechnology, it is possible to perform the targeted distribution of diagnostic and therapeutic agents to the desired locations. The status of in vivo surveillance and targeting efficiency can be improved by exploiting the potential benefits of nanoparticles and therefore, it is quiet expected to witness interesting characteristics from nanocarrier imaging agents for the diagnosis and staging of different diseases. This work presents a summary on the most common contrast agent nanostructures in medical imaging.

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## INTRODUCTION

The intuitive and visual interface of imaging technic has led to its wide employment in both bio- and medical fields under the objective of facilitating the early detection and diagnosis of diseases [1]. The ongoing significant advancements in medical imaging is attributed to the improved chemistry of imaging probes and the enhanced engineering of imaging tools. Among the main

goals of these projects, it is particularly intended to improve disease diagnosis and, by extension, prognosis by providing surveillance routes into tissue frameworks, dispersal of specific cell types, and even cell performance and position in real time[2]. Accordingly, great investments were made on biomedical imaging methods with the hope of finding access to molecular and cellular images for improving the quality of analysis and diagnosis. These attempts led to the emergence of the

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brand-new field of “molecular imaging” (MI) that integrates molecular biology and in vivo imaging and follows the objective of exploiting spectral data to track and analyze biological processes in living subjects. In contrast to the method of biopsy in providing similar information, the non-invasive manner of imaging technic in gathering data through real time has paved the way towards consecutive and longitudinal surveillances. The novel approach of MI can enable the quantification of molecular alterations related to the beginning and progression of pathologic conditions, while offering the chance of conducting advanced diagnosis and prognosis in challenging illnesses such as cancer. Among the other utilizations of this technic, one can refer to the provided possibility of studying biological procedures in living subjects and assessing therapeutic responses. X-ray computed tomography (CT), optical imaging (OI), positron emission tomography (PET), single-photon emission computed tomography (SPECT), ultrasound, and magnetic resonance imaging are some of examples of traditional MI modalities (MRI) [3-7].

Such goals can be accomplished through a variety of imaging techniques that implicate diverse advantages and disadvantages. For instance, high sensitivity and spatial resolution are included among the features of optical imaging with scale resolution in a sub-micrometer range of absorption. However, the tissue component scattering properties are limited by the depth of penetration into the tissue, which is often less than 1 cm. One proton Similarly, the extreme sensitivity of radionuclide PET for emission tomography-based imaging technic is constrained by its spatial resolution. Furthermore, the relatively insensitive imaging approaches of CT scans and magnetic resonance imaging (MRI) are restricted in terms of sensitivity and specificity, while the interpretation of their scans lesions in regular applications is adversely reliant on clinical context. [2, 6].

Significant inherent disparity is the determining factor for distinguishing bones from their surrounding tissues under normal conditions, which is however ineffective in the case of malignancies and the normal organs or soft tissues similar to muscles and fat. The utilization of contrast agents by radiologists is a common method for procuring constructional, functional, and/or molecular data for diagnosing the illness of patients, since the in vivo scattering of contrast

agent is contingent on the patient’s physiological feature and the agent’s qualities. [1, 8, 9].

The currently used enhancers, known as exogenous contrast compounds, are based on iodine, sulphates, chelates of gadolinium, and manganese oxide. Apparently, they were progressed subsequent to testing out the preceding  $Gd^{3+}$  and  $Mn^{2+}$ -based agents, respectively [10, 11]. There are a number of drawbacks to the exertion of contrast agents for increasing the sensitivity of images, which include a short-term blood half-life, inaccurate bio-dispersal, rapid clearance, a insignificant renal toxicity, and inadequate contrast in fat patients[12]. Therefore, the development of supplements with an enhancing effect on the capabilities of available tools that provide the surveillance, diagnosis, and treatment of different diseases, similar to cancer and other cases, seems to be economically and practically more viable. Similar to the popularity of manufacturing novel contrast agents for every type of modality, there is an extending rate of investment in the advancement of detectors and imaging systems with a higher sensitivity for providing the precise and successful diagnosis of particular disease etiologies[13].

The leading product in the field of designing novel contrast agents is Nanometer-scale frameworks, or “nano-structures,” with the ability to transport contrast agents. The profitable and potentially transformative tools of NP-based contrast agents are exerted for upgrading the medical diagnostics of a broad range of imaging modalities similar to positron emission tomography (PET), magnetic resonance imaging (MRI), ultrasound (US), computed tomography, (CT) and single-photon emission computed tomography (SPECT). Next to containing several advantages over small molecular contrast agents, the prospective abilities of nanoparticles can benefit the improvement of in vivo surveillance and also boost the rate of effective targeting[14]. Considering the wide range of exploited nanostructures in this field[15], we presented a review on the most common contrast agent nanostructures in medical imaging.

## NANOSTRUCTURES AS A CONTRAST AGENT

The rapidly growing field of nanotechnology was initially proposed in 1959 by Richard Feynman, a Nobel Prize winner, under the objective of developing products and tools at atomic, molecular, and supramolecular levels. Considering how a nanometer refers to one billionth of a meter on

the metric system, nanoparticles can be defined as small structures with diverse physical and chemical characteristics that rely on their sizes, which are ranged from 1 to 100 nm [16, 17]. The combination of ideas from engineering, chemistry, biology, medicine, and other fields led to the emergence of nanotechnology as an attempt for conducting multidisciplinary assays to comprehend and manipulate materials. There are potential benefits to the clinical exertion of this technology. Despite the focus of most researches on in vitro and in vivo cases of animal trials, a number of recent reports identified a variety of their pre-clinical and clinical implementations. Recent developments in technology demonstrated different aspects for the significance of nanoparticles in biological imaging applications [18, 19]. The exploitation of nanoparticles (NPs) in the form of modern contrast agents can provide the opportunity of performing non-invasive diagnosis with promising results. There are different reasons that support this assert, which include (a) the accommodation of surfaces that can be functionalized by one or more targeting molecules at a broad range of densities, (b) containing a plasma circulation period that can be adjusted through different arrangements of magnitude depending on their physico-chemical features, and (c) providing the option of contrast agents and drugs addition at pre-specified ratios throughout their interior areas or surfaces. These facts prove the suitability of nanoparticulates as a platform for the progression of targeted contrast agents [20, 21].

The manufacturing of these NPs platforms as contrast agents in medical imaging requires the consideration of some major parameters such as the long-duration fate, limited non-specified binding and assimilation, selective binding to designated cell surface receptors, efficient removal from body, and the slight or lack of toxic impacts on the body. The occurrence of improper bio-dispersals and incomplete clearances in the course of biological interactions throughout the body may result in toxic difficulties similar to the induction of progressive and reproductive risks, acute/chronic toxicity, immunotoxicity, and carcinogenicity. The safety of certain substances cannot be confirmed due to their in vivo degradation into highly hazardous components [22-24].

The performance of an efficient transportation to a designated target by nanoparticles relies on their significant features such as particle charge,

size, framework, and hydrophilicity [25]. The accumulation and interference of contrast agent nano-materials are critically significant. Since a major proportion of particles smaller than 5.5 nm are cleared by the kidneys, it is important to ascertain the size sufficiency of applied particles in order to prevent their quick excretion by these organs. The crucial impact of particles surface characteristics next to their sizes for the uptake of RES is undeniable. According to discoveries, neutral and hydrophilic surfaces are typically less prone to opsonization and adsorption, leading to their more “stealthy” status for complement systems [23, 26-28].

In line with the capabilities of nanotechnology in diagnosing diseases, providing their concurrent treatment, and monitoring the obtained results (Figure 1), nanoparticles can also accurately distinguish and destroy the cause of illnesses (such as cancer cells) without damaging their healthy neighboring cells. The advances of nanotechnology are accelerating the progress of dual and multifunctional nanoparticles, which have challenged the dissimilarities of diagnostic and therapeutic agents. Contrast agents with the ability to deliver targeted drugs to particular receptors are an example for this statement [16]. There are also benefits offered by imaging nanoparticles that implicate nanoplatforms for the conjugation of targeted agents such as antibodies or ligands. Apparently, this approach can facilitate the in vivo visualization of single cells or complete organisms [29].

#### *The most common contrast agent nano-structures for medical imaging*

Solid lipid nanoparticles, liposomes, micelles, nanotubes, metallic nanoparticles, quantum dots, dendrimers, polymeric nanoparticles, and iodinated nanoparticles are included among the list of nano products that are being assessed as potential contrast agents for medical imaging purposes. The following section is mainly focused on the most common contrast agent nano structures in the mentioned field )involving quantum dots, gold nanoparticles, superparamagnetic iron oxide nanoparticles (SPIONs), and liposomes(.

#### *Quantum dots*

The approximately spherical products of quantum dots (QDs) are known as virtually crystalline semiconductor particles that contain

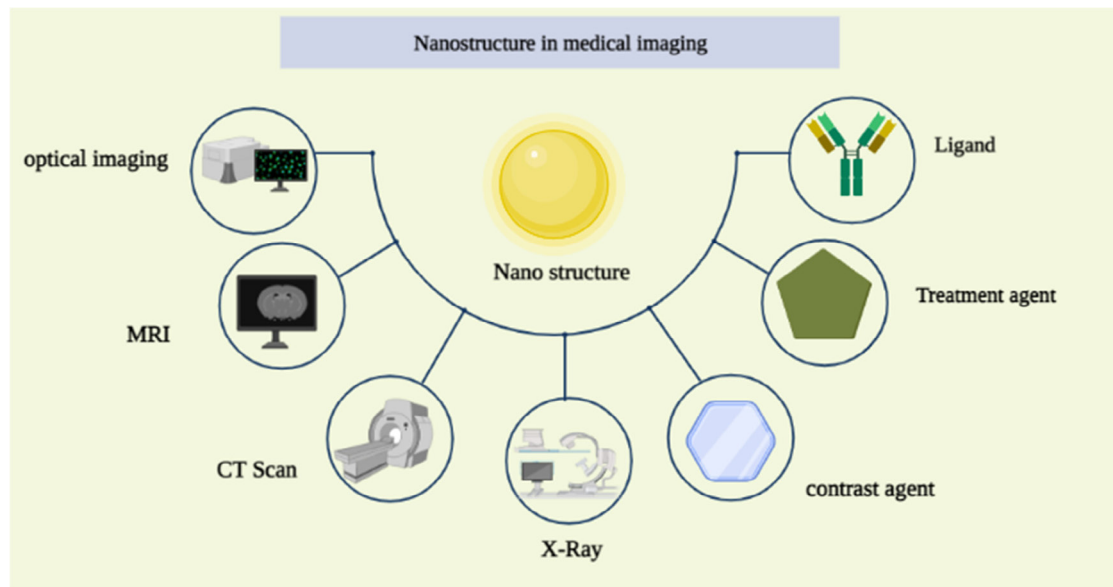


Fig. 1. Application of nanostructures in medical imaging (in the form of a contrast agent, a carrier for a diagnostic agent, a carrier for a diagnostic and therapeutic agent)

an smaller average diameter value of 10 nm along with a mass of 200–1,000 atoms, which were assessed in solar cells, digital cameras, and light-emitting diodes. A dependency on composition was observed from the band gap energy of these semiconductors, which refers to the least amount of required energy needed to raise an electron from ground state towards a higher position. The emitting of a photon causes the occurrence of a visible fluorescence as the election unwinds and moves back towards the ground state. Since the rate of band gap energy can be influenced by the particle size of applied semiconductor, the optical features of QDs can be adjusted by changing their sizes. In contrast to different fluorescent proteins and natural dyes, the exhibition of an enhanced signal brightness up to 10-100 times brighter by QDs, as well as a superior photobleaching resistance (offering long-duration stability for the probes), forced the conduction of numerous investigations on their capabilities. Moreover, several florescence colours can be produced through the concurrent excitation of a single light source [25, 30-32]. The exerted unnatural centres of quantum dots for imaging purposes are commonly acquired from cadmium or selenium and contain an inhibitory coating towards toxic impacts, while providing suitable attaching conditions for antibodies, peptides, or other moieties to determine the

targeted cells or biomolecules for interacting with quantum dots [33]. Only a few special optical characteristics are ideal for in vivo imaging. As a result of confinement effects, the factor of size can arrange a precise control over the emission colour of QDs throughout the range of ultraviolet to near-infrared. This product is also practical for multiplexing due to accommodating a broad absorption band and a narrow emission band. Furthermore, the production of multimodality imaging probes can be facilitated through the large surface area of QDs that can enable the required assembly of different contrast agents. There are reports on the triumphant exertion of biocompatible QD conjugates in the cases of tumour targeting, tumour an giogenesis imaging, sentinel lymph node mapping, and metastatic cell tracking[34]. A number of quantum dots implementations in medical imaging is presented by Table 1.

#### Gold nanoparticles

An extensive amount of research was conducted on the performance of gold nanoparticles (AuNP) as therapeutic and contrast agents to be exploited in a variety of biomedical imaging routes. The profitable utilization of AuNP in the form of medicinal components is attributed to their inertness, biocompatibility, and simple surface modification of ligand capping. Additionally, the

Table 1. Application of QDs throughout varying medical imaging methods

Nano structure	Type of imaging method	Application	Reference
QD	fluorescence imaging	Multifunctional nanoparticle probes based on semiconductor quantum dots (QDs) for cancer targeting and imaging	[35]
109Cd -core/shell of QDs	SPECT	- long circulation half-life - stability with weak cytotoxic effects	[36]
RGD-Quantum Dot	intravital microscopy	- Real-Time Intravital Imaging - decreased probable toxicity	[37]
DOTA-QD-RGD	PET/NIRF imaging	- surpasses the tissue penetrating restrictions of optical imaging - Targeted imaging in deep tissue	[38]
QD	microPET	- Bio-dispersal of Quantum Dots in alive Mice	[39]
18F-FP-QD-RGD-BBN	PET/near-infrared fluorescence (NIRF) probe	- Dual-targeting probe for the surveillance of tumors throughout alive samples	[40]
QD	fluorescence imaging	-Sentinel lymph node mapping	[41]
QD(CdTe core, CdSe shell)	fluorescence imaging	-Sentinel Lymph Node Mapping	[22]
Self-illuminating quantum dot	luminesce imaging	-improved sensitivity in small animal imaging, accompanied by an in vivo signal-to-background	[42]
QD	Fluorescence microscopy	- Tracking metastatic tumor cell extravasation	[43]
QD	Fluorescence microscopy	- synchronous imaging and contrasted tumor vessels from perivascular cells and the matrix	[44]
64Cu-labeled QDs	Micro positron emission tomography	- Bio-dispersal of Quantum Dots in alive Mice	[45]
QD	Fluorescence microscopy	- Sensing the local chemical surrounding of cellular receptor	[46]
Compact Cysteine-Coated CdSe(ZnCdS) Quantum Dots	Fluorescence microscopy	- Biological compatibility, exceptional compactness, high fluorescent, and simple functionalization for in Vivo Applications	[47]
QD	optical imaging	- cause the production of Reactive Oxygen Species to damage the Multiple Organelle and induce Cell annihilation	[48]

other diverse traits of these particles promoted their application in biological settings, which include their uncomplicated synthesis, numerous surface functionalization probabilities, and colloidal stability, as well as having the option of using biomolecules such as peptides and antibodies for modifying the surface characteristics of GNPs [49-52]. The medicinal exertion of gold nanoparticles (AuNP) are suggested for a wide range of purposes. Despite the existing preference for bigger AuNP (>5.5 nm) due to containing a prolonged blood-circulation and accretion in sick tissues, the necessity of small AuNP (<5.5 nm) for the eliminating performances of kidney is undeniable [53].

GNPs can be created in a diverse range of shapes, sizes, and compositions that consequently result in their optical properties. Nanospheres, nanorods, nanoshells, nanocages, nanoclusters, nanoroses, and nanostars are some of the several types of employed nanostructures [54]. The therapeutic profitability of GNPs is supported by their physico-chemical qualities, while their multifaceted and forthright chemistry implement the attachment of varying biomolecules to their surfaces. Furthermore, the adjoining of diverse biopharmaceuticals similar to monoclonal antibodies, peptides, lower-molecular-weight molecules, and aptamers to the surfaces of these nanoparticles can increase the effectiveness of tumour targeting [55, 56]. Recognized as an optical phenomenon, the operation of surface plasmon resonance (SPR) relies on the interacting effects of electromagnetic waves with conduction electrons in metals, which can aid the diagnosis and curing process of varying illnesses [57, 58]. The exploitation of GNPs physicochemical features by researchers led to the design of GNP imaging probes for optical imaging, photoacoustic (PA) imaging, magnetic resonance imaging (MRI), X-ray imaging, single photon emission computed tomography (SPECT), and positron emission tomography (PET). In addition, this product can also be employed to offer molecular data and optical assistance for different kinds of malignancies. The adjustable absorbing and scattering impacts of GNPs can pave the way for a variety of imaging modalities [59-62]. Table 2 presents some of the gold nanoparticles applications in various imaging methods.

#### *superparamagnetic iron oxide nanoparticles (SPIONs)*

Throughout the category of magnetic particles,

superparamagnetic iron oxide nanoparticles (SPIONs) contain an average diameter of 10 nm and proved to be capable of displaying exceptional magnetic features, which turned them into the most powerful nanostructures for various applications, especially imaging [78-80]. The core of these nanoparticles (SPIONs) is incorporated of an iron oxide while containing a hydrophilic coating; however, the core is sometimes comprised of Fe<sub>3</sub>O<sub>4</sub> (magnetite) or -Fe<sub>2</sub>O<sub>3</sub> (maghemite). Super para magnetism essentially serves as an activation mechanism as the magnetization vanishes upon the dispatching of external magnetic field. Next to their capability to operate as multipurpose agents, the surfaces of SPIONs are designed to perform a variety of simultaneous biomedical-related functionalities such as drug delivery, MRI contrast agents, and local heat inducement (hyperthermia). The modernly emerged technic of “molecular imaging” requires the creation of high affinity ligands and their grafting on SPIONs in order to enable the in vivo visualisation of molecular activities at cellular levels. In addition to their effectiveness as bioconjugates, there is a broad list for the clinical utilities of SPIONs that implicate the imaging of liver and spleen, inflammation, and many other physiological processes. The possibility of visualizing magnetic nanoparticles through the employment of MR imaging stands as their primary benefit; in this regard, the potential of SPIONs to create magnetic field gradients capable of changing the characteristics of proton relaxation can act as a source of contrast for MR imaging (MRI) [81-85].

The biocompatibility of SPIONs is attributable to their in vivo degradation into nontoxic iron ions, as well as their effortless spreading throughout biological mediums. In contrast to several other products, the effectiveness of contrast agent SPIONs remains unaffected by the surrounding conditions [86, 87].

The most widely exerted T2 MRI contrast agents are the Iron oxide superparamagnetic T2 contrast agents. The classical outer-sphere relaxation theory is the proper explanation for the relaxing impacts in regards to the relaxation rates of water protons throughout their diffusion in particle magnetization fields. SPIO nanoparticles were initially created as T2 agents capable of providing a dark (negative) contrast in images. The factors of colloidal stability and biocompatibility are essential prerequisites for clinical applications. Iron oxide nanoparticles are often comprised of a stabilizing coating out

Table 2. Application of Gold nanoparticles in various medical imaging methods

Nano structure	Type of imaging method	Application	Reference
PEGylated GNPs-F19 Ab	optical imaging	- selective Labeling Agents for Human Pancreatic Carcinoma Tissues	[51]
Gold nanoparticles as carriers for gadolinium chelates	MRI	- in the form of contrast agents for MRI	[63]
124I-TA-Au@AuNPs	positron emission tomography (PET)	- An efficient Nuclear Medicine Imaging Agent to traffic the Dendritic Cells	[64]
Gold half-shell coated hyaluronic acid-doxorubicin conjugate	optical imaging	- exerted in theranostic means	[65]
Erlotinib conjugated gold nanocluster enveloped magnetic iron oxide nanoparticles	optical imaging	-to image the pancreatic cancer cells	[66]
Gold nanoparticles	Photoacoustic Imaging and Plasmon Resonance	-For Selective Detection of Cancer	[67]
mesoporous silica-coated gold nanorods	optoacoustic tomography	-Detection of pancreatic tumors	[68]
Gd(III)-Dithiolane Gold Nanoparticles	MRI	-to provide the imaging of T1-Weighted Magnetic Resonance of Pancreas	[69]
Gold nanoparticle cluster	fluorescence imaging and X-ray computed tomograph	- exerted in X-ray computed tomography–fluorescence dual-mode imaging of tumors	[70]
Gold Nanorods	optical imaging	-in the role of absorption contrast agents to non-invasively detect the arterial vascular disorders	[71]
Gold Nanoparticles	computed tomography (CT)	-Molecular CT Imaging of Cancer	[72]
Gold Nanoparticles	X-ray fluorescence (XRF) imaging	- As a radiosensitizer and a drug-delivery agent	[73]
Gold Nanoparticles	X-Ray Imaging	- X-Ray Imaging and Proton therapy Improvements	[74]
Gold nanorod	photoacoustic imaging	- Contrast agent to provide surveillance on prostate cancer	[75]
Gold nanoparticles (GNPs)	X-ray imaging	- As X-ray imaging contrast agents and radiosensitizers	[76]
Anti-CD4-targeted Gold Nanoparticles	X-ray Computed Tomography	- cause Specific Contrast enhancing effects in Peripheral Lymph Nodes	[77]

Table 3. Application of iron oxide nanoparticles throughout diverse medical imaging methods

Nano structure	Type of imaging method	Application	Reference
magnetic nanoparticles-siRNA	MRI and NIRF	-In vivo imaging of siRNA transportation and silencing at tumors	[92]
MN-anti-miR10b	PET-MRI	- delivery demonstration to metastatic lesions in a murine case of metastatic breast cancer	[93]
Cy5.5 TCL-SPION	magnetic resonance/optical	- Tumor detection in vivo	[87]
Glutathione capped hybrid yttrium/iron oxide nanoparticles	imaging in magnetic resonance and X-ray computerized tomography	- in the form of multiplatform contrast agent at medical imaging technic	[94]
Iron Oxide Nanoparticles	Magnetic Resonance Imaging	- in vivo Tracking of Stem Cells	[95]
Iron oxide nanoparticles	Magnetic Resonance Imaging	- in the role of magnetic resonance contrast agent for imaging the tumor	[96]
<sup>64</sup> Cu-DOTA-Cy5.5-HSA-IONPs	PET/NIRF/MRI	- the precise performance of Tri-modality imaging, ex vivo assessments, and histological evaluations to assay the in vivo manner of nano-structures	[97]
Iron oxide nanoparticles	computed tomography (CT) and magnetic resonance imaging (MRI)	- In vivo imaging and quantifying the uptake and bio-dispersal of iron oxide nanoparticles	[98]
anti-PSMA antibody- iron oxide nanoparticles	magnetic resonance imaging (MRI)	- For Prostate Cancer Imaging	[99]
LHRH-conjugated Magnetic Iron Oxide Nanoparticles	magnetic resonance imaging (MRI)	- To operate in vivo MR imaging and extend the sensitivity of surveillance on metastases and disseminated cells in lymph nodes, bones and peripheral organs	[100]
PEG- iron oxide nanoparticle (IO)	MRI	- In Vivo MRI surveillance of Gliomas by Chlorotoxin-Conjugated Superparamagnetic Nanoprobes	[101]
RGD-Conjugated Superparamagnetic Iron Oxide	MRI	- Specific Targeting of Tumor Angiogenesis	[102]
iron oxide nanoparticles	MRI	- MR molecular imaging of Her-2/neu receptor in breast cancer cells	[103]
Monoclonal antibody A7-superparamagnetic iron oxide	MR	- in the form of contrast agent for MR imaging of rectal carcinoma	[104]
RGD-4C- Fn - Ferrimagnetic Ferritin Cage Nanoparticles	optical imaging	- As a multi-performance nanoscale container for concurrent iron oxide loading and cell-particular targeting	[105]



Table 4. Application of Liposomes in various medical imaging methods

Nano structure	Type of imaging method	Application	Reference
Cetuximab-labeled liposomes containing near-infrared probe	optical imaging	- For imaging and diagnostic purposes	[117]
Liposomes with <sup>64</sup> Cu	PET	- For molecular imaging and monitoring drug transportation	[118]
liposomes containing iohexol and gadoteridol	CT	- Quantitative CT imaging of the spatial and temporal dispersal of liposomes	[119]
Liposomal-Iodine	CT	- Atherosclerotic plaques in a mouse sample by exerting a liposomal-Iodine nanoparticle contrast agent	[120]
Liposomal-Iodine	CT	- As contrast agent in companion dogs with naturally induced cancer	[121]
Liposomal-Iodine	CT	- As a contrast agent for the preclinical CT of mice	[122]
Liposomes- Gd- KCCYSL peptide	MRI	- As therapeutic and diagnostic agents for targeting agents for HER-2-overexpressing tumor cells	[123]
liposomes -manganese-52	PET	- in the role of a contrast agent	[124]
Liposomes- <sup>89</sup> Zr	PET	- For PET-trackable tumor-targeted theranostics	[125]
<sup>64</sup> Cu-Liposome	PET	- Drug transportation to tumors and predicting the feedbacks to cancer	[126]
Liposomes - DOXIL -Mn(oxinate)	PET	- For labelling and tracking DOXIL in vivo	[127]
Liposomes- indocyanine green (ICG)	optical imaging	- As the light sensitizing compound	[128]
Glycosylated liposomes loading carbon dots	optical imaging	- for the Selective tracking and efficient labelling of cancer cells	[129]
Liposomal Quantum Dots	optical imaging	- Via monocytes for inflamed tissues imaging	[130]
Perfluorooctyl bromide & indocyanine green co-loaded nanoliposomes	optical imaging	- to perform upgraded multimodal imaging-guided phototherapy	[131]
Bio-inspired melanin-based nanoliposomes (Lip-Mel)	PA/ MR	- fabricated theranostic agents for concurrent photoacoustic (PA) imaging- and T1-weighted magnetic resonance (MR) imaging-guided photothermal ablation of tumors	[132]
Liposom	photoacoustic inflammation imaging	-As nanoprobe functionality in photoacoustic inflammation imaging and tumor theranostics through an in vivo chromogenic trial	[133]
Liposome-Conjugated Mesoporous Silica Nanoparticles	NIRFI/PAI	-Theranostic nanoplatform for imaging-guided synergistic cancer therapy	[134]

of dextran, citrate, or PEG along with a core that contains one or more magnetic crystallites [80, 88-91]. Table 3 demonstrates some of the iron oxide nanoparticles utilizations in different imaging methods.

### Liposomes

The suspension of numerous individual lipids and their mixtures in an aqueous state results in the spontaneous formation of bi-layered structures as the hydrophobic sections of their molecules turn inwards followed by the exposure of hydrophilic areas to their aqueous surrounding. These materials are referred to as liposomes [106-108], which are concentric bleeder vesicles with an aqueous volume that is surrounded by a membranous lipid bilayer. Typically, bilayer lipid membranes are comprised of phospholipids with a hydrophobic ending and a hydrophilic head. The volume and type of lipid components can significantly impact the spherical or multilayered spherical framework of synthesized liposomes. The production of bilayer lipids creates an equivalent amount of water chambers while containing a concentric pattern [109, 110].

The promising stance of liposomes as drugs and diagnostic agent carriers in regards to the physico-chemical characteristics of the drug is attributable to the following reasons: capable of trapping any drug or diagnostic agent in their internal water compartment or membrane, offering complete biocompatibility, providing protection for the incorporated pharmaceuticals within the liposomes from the deactivating effects of outer circumstances without inducing any unwanted side-reactions, and offering a distinct route for the transportation of pharmaceuticals to cells or even discrete cellular compartments. The appending of components to a lipid mixture can simply alter the size, charge, and surface characteristics of liposomes [111, 112]. Numerous investigations were conducted on the encapsulation of liposomes for designing suitable transportation systems capable of entrapping unstable compounds. The existing antimicrobial, antioxidant, hydrophobic, and hydrophilic chemicals in the invertebrate components of liposome particles can be exploited for preventing compositions and functioning disruption of targeted delivery systems [113, 114].

Thin-film hydration, reverse-phase evaporation, ethanol injection route, microfluidics technics, and other methods can be used for the formation of liposomes. The incapability of liposomes in

functioning as an imaging probe can be resolved through the incorporation of imaging probes in order to provide imaging properties. The addition of probes in the course or subsequent to the production of liposomes, referred to as passive and active loadings respectively, can aid the creation of liposome-based probes. Despite the possibility of performing passive loading for nearly every type of probes, yet there is a significant variance in encapsulation competence based on the probes framework and the formulation of liposome. However, the initial step of active loading process is the formation of liposomes that is followed by loading of probes. This approach is commonly more complex and useful for a restricted number of probes, which is however accompanied by a high encapsulation effectiveness of greater than 90% that is caused by the strong contact between the produced liposomes and probes [115, 116]. Table 4 displays some of the liposomes applications in various imaging methods.

### CONCLUSIONS

Nanostructures are exerted for filling the role of contrast agents, as well as the delivery carriers of contrast agents and the carrier of concurrent delivery of diagnostic and therapeutic agents. The designed imaging probes by nanotechnology can be used for the diagnosis of various diseases. The application of contrast agents nano structures can overcome the limitations of conventional contrast agents, which can also provide guidance for therapy-based probes. The usage of these products can extend the rates of cellular consumption and target tissue accretion through the routes of passive and active targeting. The implementation of nanotechnology in medical diagnostics can open new horizons for performing the rapid diagnosis of many diseases.

### CONFLICT OF INTEREST

None

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